



PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) AND CITIZENSHIP POLICY

SCHOOL DIVISION: SENIOR
POLICY DIVISION: CURRICULUM
POLICY OWNER: Head of Senior
DATE: September 2018

1. Introduction

- 1.1. This policy informs practice in the Senior School only, including the Sixth Form (post 16). See also “PSHE and Citizenship (Prep) Policy.”
- 1.2. Please read this policy in conjunction with the “Spiritual, Moral, Social and Cultural Policy” and the “Every Child Matters Policy”.

2. Aims and Objectives

- 2.1. We believe that PSHE and citizenship should enable pupils to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised. We teach pupils both about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.
- 2.2. The objectives of PSHE and citizenship are to enable the pupils to:
 - Know and understand a healthy lifestyle.
 - Be aware of safety issues.
 - Understand what makes for good relationships with others.
 - Have respect for others.
 - Be independent and responsible members of a community, such as a school.
 - Be positive and active members of a democratic society.
 - Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
 - Develop good relationships with other members of the community.

3. Teaching and Learning Style

- 3.1. We use a range of teaching and learning styles to meet the PSHE and Citizenship requirements of the National Curriculum. We emphasise active learning by including the Pupils in discussions, investigations and problem-solving activities. We encourage the Pupils to take part in a range of tasks that promote active citizenship,

for example charity fundraising, the planning of special school events (such as an assembly or sports day), or involvement in helping other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts. We offer Pupils the opportunity to hear visiting speakers, such as the police liaison officer, whom we invite into the school to talk about their role in creating a positive and supportive local community.

- 3.2. The school organises regular workshops throughout the year for a number of 'keystone' issues. These include Drugs & Alcohol, Sex Education and E Safety and are delivered by nationally recognised organisations.
- 3.3. The House system is at the heart of commitment to PSHE and positive, active Citizenship. As members of a house, pupils are given a range of opportunities to lead and develop initiatives. Each house also has an affiliated charity for which the Pupils organise regular fund raising for.
- 3.4. Sometimes staff may lead subjects of their specialism e.g. games staff may lead First Aid and Sex Education. Field trips in Geography will offer active involvement in local environmental issues.
- 3.5. Whole school events such as the Sponsored walk, House competitions, fund raising activities and Harvest Festival encourage pupil participation.
- 3.6. At Key Stage 3 (Year 9) the teaching of careers education and sex education is statutory. We also include programmes for:
 - Personal wellbeing which includes the requirement for sexual relationships and drugs education
 - Economic wellbeing and financial capability which includes the requirements for careers education
- 3.7. At Key Stage 4 (Years 10 & 11) and Key Stage 5 (Sixth Form) the programme is again built around a broad commitment to the National Curriculum's Programmes of Study
 - Personal wellbeing which includes the requirement for sexual relationships and drugs education (non-statutory)
 - Citizenship which includes a focus on Rights & Responsibilities, Identities, Diversity, Democracy and Justice (statutory)
 - Economic wellbeing and financial capability which includes the requirements for careers education including, in Sixth Form, compulsory Work Experience and guidance on Further Education (UCAS)
- 3.8. The school actively promotes the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths. This is largely delivered through the curriculum and also through Tutorials where specific sessions are scheduled throughout the year.
- 3.9. A comprehensive programme of careers advice and guidance on future choices is offered through Years 10-13, including Interview training, University visits, use of

online careers programmes (Fast Tomato) and Morrisby testing (see Careers Policy for further guidance).

- 3.10. Following our Ofsted inspection in 2016 we have invested in an outside/independent careers service (Trust Careers). All students now have access to the services of Trust Careers. Who provide specific training seminars, one-to-one advice and networking information.

4. PSHE and Citizenship Curriculum Planning

- 4.1. In Year 9 one session a week is dedicated to PSHE. Across all years, including the Sixth Form, PSHE is covered in Tutor time which takes place three times a week, for 30 minutes each session. Tutors are provided with resources and a scheme of work to plan from. PSHE and citizenship topics are also addressed in the teaching of other subjects and through assembly topics throughout the year.
- 4.2. Due to some similarities between the programmes of study for some subjects (Science, Geography and History) and that of PSHE and citizenship, there are various opportunities for overlap. As a result we deliver some parts of the PSHE and citizenship curriculum through lessons in these subjects.
- 4.3. We also develop PSHE and citizenship through various activities and whole-school events. Students in Year 9 are expected to complete a Sports Leadership (L1) award while in Year 10 students are expected to pursue the Duke of Edinburgh Bronze Award. In each of these there is a particular focus on developing pupils' self-esteem and giving them opportunities to take responsibility, to develop leadership skills and positive group work.
- 4.4. In the Sixth Form there is the option of taking Leadership programmes in both Arts and Sport, as well as the option of pursuing the Duke of Edinburgh Award scheme to Silver and Gold Level.
- 4.5. Across all Key Stages the PSHE curriculum rests on foundations laid down by the National Curriculum PSHCE programme of study outlined in Appendix 1 below.

5. PSHE and Citizenship and I.C.T.

- 5.1. I.C.T. makes a contribution to the teaching of PSHE and citizenship in that Pupils in I.C.T. classes learn to work together in a collaborative manner. They also develop a sense of global citizenship by using the Internet and email. Through discussion of safety and other issues related to electronic communication, the Pupils develop their own view about the use and misuse of I.C.T., and they also gain an insight into the interdependence of I.C.T. users around the world.

6. Policy Owner

- 6.1. The policy owner is the Head of the Senior School.

7. Issue Date

7.1. Issue date: September 2018

8. Review Date

8.1. This policy will be reviewed biennially. The next review is due in September 2020.

Ratified by WSLT:



Mr E Dickie
Head of Senior School

September 2018