



Claremont
International
Football Academy

Why Choose Claremont International Football Academy?

'We do not put a player forward for any football trial unless he or she is ready. We do not use statistics for the benefit of marketing, we celebrate our players' successes both in football and academics, and deal in facts!'

Our unique CIFA programme was designed by Jim Colston for aspiring footballers who are serious about their game and their education. We coach boys and girls, starting with our Junior Academy programme for 8-13 year olds, and our Senior Academy programme for 14-19 year olds. If you have a passion and talent for football and want to develop your skills in tandem with your academic studies, this programme is for you.

- Clear pathways to success.
- **Opportunities to trial in the UK and in Europe (ability level dependent).**
- Contacts to help scholars realise their dream as a professional footballer.
- **A Senior Academy tour.**
- **Scouts from a number of professional clubs often attend our training sessions and matches, and all sessions overseen by a Premier League scout.**
- Full athletic performance programme and masterclass sessions.
- **In-house analysis system which assesses individual player performance in training and in competitive matches.**
- Competing in the National Futsal League.
- **Video analysis sessions.**
- Up to 10 hours per week contact time (Seniors).
- **Up to 6 hours per week contact time (Juniors).**
- GPS vests are used in training and matches to measure players' performance.
- Written, detailed progress report at the end of each term.
- Enhanced 'Speed School' tuition where scholars learn how to move efficiently and effectively.
- **The opportunity for all teams to compete in major school competitions.**
- **We offer a unique development pathway.**
- Individual programmes tailored to each scholar, male and female.
- **We use VEO1 and VEO2 camera systems to film all live sessions and matches.**
- Unique Year 13 Exit Programme which guarantees a professional trial (conditions apply).
- **Additional weekend football sessions and matches for our senior players.**
- Additional player programme during half terms.
- **Access to football psychology sessions.**
- Academy awards night every season.
- **Pre Season Weekend.**
- **Full testing programme on all aspects of the game.**

Further Career Opportunities

All Football Academy graduates are well placed for a wide range of roles in Football, even if they don't make the grade as a professional player. Graduates can still work within the game in areas such as development, coaching, scouting, performance analysis or research/education. Roles include:

- Football development officer
- Football education officer
- Football research
- Sports psychologist
- Marketing executive
- Academy coach
- Club scout
- Club administrator
- Performance analyst
- Commercial executive
- Physiotherapist



The Claremont International Academy Football Coaching Team

Jim Colston, Academy Director

A passionate Birmingham City fan, Jim has been involved at the highest level of coaching and recruitment for over 30 years and a large number of his past players are now plying their trade as professional footballers. Jim is a highly motivated and experienced sporting professional who is meticulous in his planning, and makes his sessions fun, relevant and challenging. A number of players Jim has coached are now playing professionally around the world, and some in the English Premier League. Jim has also been a Premier League scout for over 25 years.



Max Walsh, Head of Athletic Development

A Tottenham fan, Max has a great level of experience playing semi-professional football for a number of years. Max started his youth journey at Crystal Palace and Brighton academies and has worked with a roster of many great coaches along the way. Max is a high level personal trainer and a strength & conditioning coach. Combining his experience with football with his knowledge of health and fitness, Max knows what it takes to train and perform like a top athlete. Max designs bespoke training programmes for all players, with an emphasis on improving speed, power, strength and the knowledge of how to become a top athlete.



Jay Skinner–Swain, Head of Coaching

A Liverpool fan, Jay has been involved in football coaching for over 12 years. His previous experiences in youth coaching include working for Arsenal Football Club. Jay has helped to develop a number of players and enhance their technical and tactical knowledge in the game. Beyond the Academy, Jay also manages a Sussex County U23 side, so with his hard work and experience, he knows the level required to progress to the top of the game. He has an infectious enthusiasm and drive to improve others, and with his high energy sessions, Jay is able to create a learning environment where everyone can thrive.



Andy Corrigan, Head of Junior Academy

A Fulham fan, Andy coaches for a Premier League football club as well as for the Claremont International Football Academy. He specialises in the technical and tactical aspects of the game; planning and leading on all of our Junior Academy sessions. He currently heads our Junior Academy and is responsible for the players' development programme and progression, with the guidance of the Academy Director.



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How do you
summarise the CIFA in
three words?

*‘Teamwork,
commitment, fun’.*

Ayman. Year 13

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Building a Professional Foundation in Football



We have a saying here at the Claremont International Football Academy:
‘Quality is expected and effort is demanded.’ We know that to succeed in today’s professional game you will need to work hard, both on the pitch and in the classroom.

All of our Academy staff are fully qualified specialists in their chosen field and are aware of the challenges players need to face and overcome, if they are to realise their potential, both on and off the pitch.

Academy standards are very high and potential scholars should bring a positive attitude towards their studies as well as their game. They should demonstrate natural football ability, a determination to succeed and a sound work ethic to be accepted onto the programme.

With links to a number of Premier League and Championship clubs in England and abroad, our Academy is truly international and is the best place to realise your dream of becoming a professional footballer.

The Academy Director, Jim Colston, has helped develop players in the United Kingdom for clubs such as Charlton, Crystal Palace, Arsenal, Chelsea and Brighton and Hove Albion, and also in Europe and other continents of the world.

Contact Claremont today to find out about our proven football development and academic programme, and our outstanding student outcomes.

CIFA Methods of Teaching and Learning

In addition to receiving expert and personalised coaching from our Academy team, all of our students receive regular reviews about their individual performance in tandem with their academic reports.

Training mirrors a professional academy setting, which means that students are expected to work to a high standard physically, technically and tactically; in addition to the high standards expected of them in their academic studies.

The Academy also benefits from having a bespoke Goalkeeping Programme that provides our goalkeepers with the technical and physical guidance they need to improve their game.



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How is the
CIFA different from a
normal sports team?

*‘I think of the CIFA
like a family. We all
work together to
make each other
better.’*

Hans, Year 10

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Welcome to our Football Academy

At the Claremont International Football Academy (CIFA) we believe that living, studying and training in the UK is an invaluable experience that a young player will never forget. The knowledge, skills and sense of team spirit will endure, and the happy memories made along the way will stay with academy students for the rest of their lives, whether they pursue a career inside or outside the game of football.

Our unique approach to personalised learning and curriculum development, ensures that all of our students are presented with unrivalled opportunities and make consistent progress both on and off the pitch. The skills, confidence and experience they gain at the academy ensures they have every chance to succeed in the professional game, both in the UK and internationally.

At CIFA we believe that professional coaching, a progressive curriculum and exceptional learning, training and playing facilities can be combined with a strong emphasis on academic excellence to give all of our Football Academy students the ability to achieve their dreams.



An unrivalled opportunity for young
footballers to realise their dreams.

An unrivalled football and academic programme for boys and girls age 7-19 years



**The CIFA is a truly international academy
with footballers consistently representing
over 25 different nationalities**

Please write to:

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